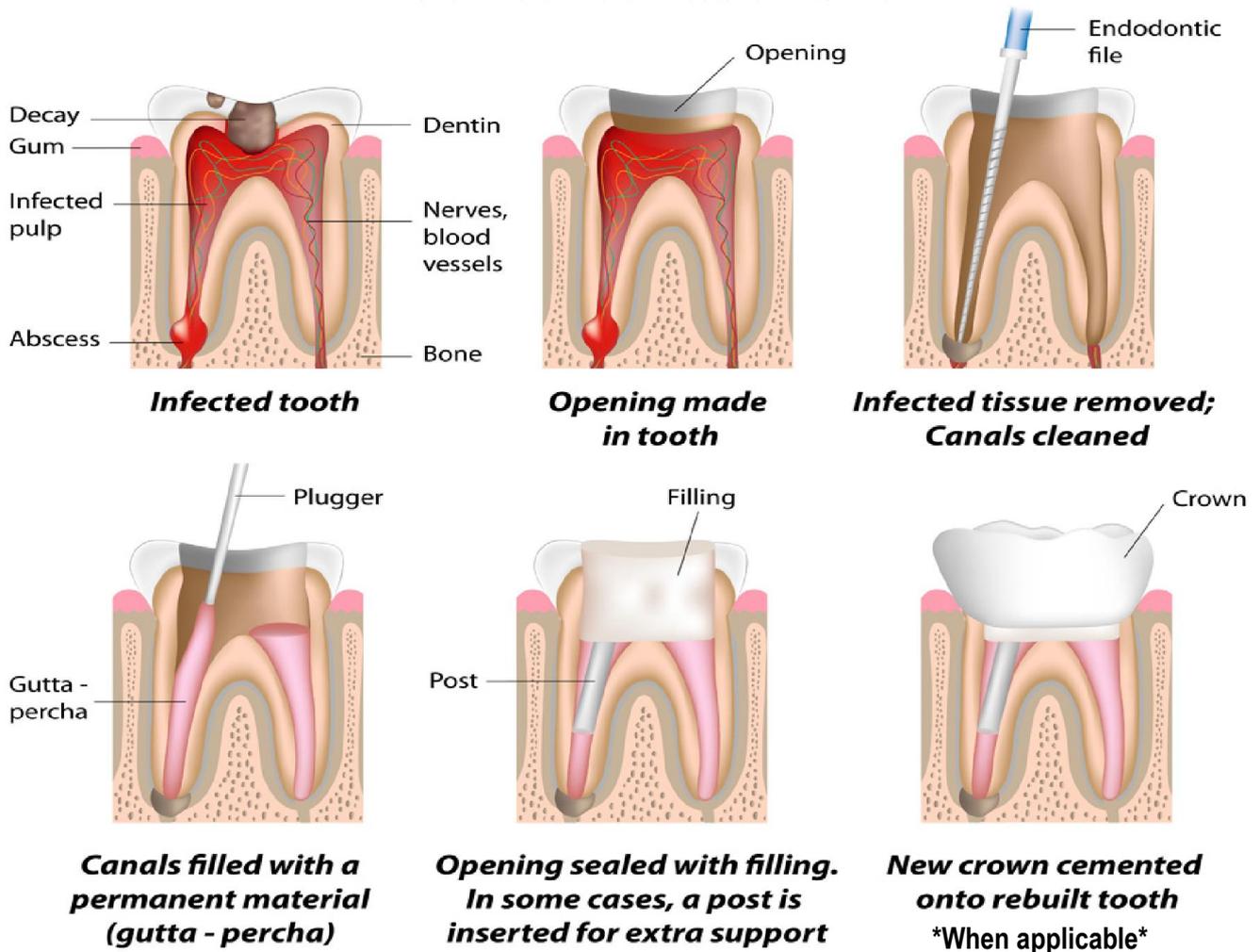


# Post-op Instructions Root Canal Treatment

## Root Canal Treatment



When the pulp becomes irreversible damaged due to bacterial infection or injury, it will die and will need to be removed. The main symptom of a dying pulp is severe toothache made worse by contact with hot things.

However, dead teeth will no longer respond to temperature changes. The dead pulp tissue and bacteria inside the tooth adversely affects the surrounding bone by forming an abscess. The main symptoms; the tooth is sore to touch and hurts when bitten on; there may also be some swelling.

### What to expect after a root canal treatment:

Root canal treatment is only one step in returning your tooth to full function. A proper final restoration of the tooth is extremely important in ensuring long-term success. The tooth that has had appropriate endodontic treatment followed by a proper restoration can last as long as you're other natural teeth.

After the tooth has been restored, either with a restoration or crown, you need to practice good oral hygiene, including brushing, flossing, regular check-ups and cleanings. **TURN PAGE ➡**

Dr. Walter may periodically x-ray the tooth to ensure that healing has occurred. Occasionally, a tooth that has undergone endodontic treatment does not heal or pain continues. At times, the tooth may become painful or diseased months or even years after successful treatment. Often when this occurs, repeating the endodontic procedure can save the tooth.

### **Will you have any pain or discomfort after your appointment?**

It is normal to feel some tenderness in the area for a few days after your root canal treatment as your body undergoes the natural healing process. These symptoms are temporary and usually respond very well to over-the-counter pain medications, especially one that has anti-inflammatory properties such as ibuprofen. In some cases a dentist will typically prescribe an antibiotic.

### **Aftercare: What precautions should you take?**

**If** the opening in your tooth was restored with a temporary filling material, it is not unusual for a thin layer to wear off in-between appointments.

However, if you think the entire filling has come out, contact THE DENTAL SPA.

**Do not** chew or bite hard or sticky food on the treated tooth until you have had it restored by dr. Walter.

Please CALL  
your dentist  
if you have:  
**Visible swelling inside  
or outside of your mouth  
Return of original symptoms  
or your bite feels uneven**